

Aware

Sarah D. Culbertson Memorial Hospital

Where health care and community come together

What Is Swing Bed?



Swing Bed (or Skilled Nursing Care) is a Medicare program designed to provide additional inpatient care to those needing extra time to heal or strengthen before returning home. The term swing bed came from the idea that the patient will “swing,” or transition, from inpatient acute care through the program to return home to the same level of independence prior to entering the hospital. Swing Bed allows physicians to swing the level of care from acute to skilled rehabilitation.

When Is Swing Bed Appropriate?

Often the swing bed is used for patients who have had surgery such as hip or other joint replacement. Individuals who have had these types of procedures can be transferred to our Swing Bed. In addition to major surgery, a lengthy illness can also result in the need for swing bed care. A patient can transfer from a larger facility to swing bed or, if already an inpatient at CMH, his or her hospital designation can be changed to receive swing bed care.

Who Qualifies for Swing Bed?

- Patients must have at least a three-night qualifying stay as an acute

patient within the last 30 days before transferring or transitioning to the Swing Bed Program.

- Patients must need ongoing monitoring, rehabilitative therapy or a daily skilled need such as IV antibiotics.
- There are no age restrictions.
- Swing Bed is routinely considered for patients who have had hip or knee surgery and need additional therapy before returning home.
- Patients who require daily, long-term IV antibiotics.

Financial Information

Swing bed care may be paid for with private funds, private insurance and/or Medicare. The patient’s physician and the hospital staff can help the patient determine if they qualify, under federal guidelines, for Medicare coverage. A patient’s private insurance company will determine if it will cover swing bed care. If a patient is not eligible for Medicare or private insurance coverage, they have to pay for their care through private funds.

Level of Care

Patient needs will be monitored throughout their stay to determine whether or not they meet the Medicare Program’s criteria or guidelines. If the level of care the patient needs decreases, they will be notified that they are no longer eligible for Medicare coverage. At that time, they would receive a Medicare letter of denial stating the reason they were no longer eligible for coverage. The patient would then become responsible for their bill.

Nursing Care

The intensity of care a patient receives in the Swing Bed Program is different from the care they would receive as an acute care patient. The nursing staff will continue to assist the patient with their needs, but as a part of the patient’s rehabilitation, they will be encouraged to increase their level of independence by doing what they can for themselves. The patient’s vital signs, such as pulse, respiration, weight and blood pressure, will be monitored as dictated by their physician, but the patient will still have a call light by their bedside.

Swing Bed Therapy Services

Culbertson Memorial Hospital’s Swing Bed program’s top priority is to assist patients in recovering their independence and mobility through intensive therapeutic sessions. Our skilled physical therapists evaluate each patient’s capacity and develop a program to meet achievable goals.

Therapists employ techniques to help patients recover pain-free movement or to teach them how to handle equipment that allows them to return to some level of self sufficiency. Treatment may include therapeutic exercises, endurance training, training in activities of daily living, massage, joint mobilization, applications of heat and cold, or wound care. Occupational and speech therapy are provided to swing bed patients if they are needed. All therapists have short and long-term goals for their patients to achieve while in the program.

continued on page 2 ...



what's
INSIDE?
Vol. 26 No. 3

- 2..... Outpatient Specialty Clinic
- 3..... There Is Still Time to Give to the 2011/2012 Annual Campaign
- 4..... Welcome New Providers!



238 South Congress, Rushville, IL 62681
(217) 322-4321 • www.cmhospital.com

Outpatient Specialty Clinic

Each week, specialists from Quincy, Springfield, Macomb and Jacksonville travel to Culbertson Memorial Hospital to help local residents get specialized care they need, close to home. We are proud to provide outpatient clinics for the following specialties:

Specialty	Physicians	Contact Information	See Patients at CMH
Cardiology	Dr. Nilesh Goswami Dr. Nasar Nallamotheu Dr. Stephen Mayer	Prairie Cardiovascular Consultants	Every Wednesday
Cataract Surgery	Dr. David Sutton	Prairie Eye Center	1 st and 3 rd Thursday
Gastroenterology	Dr. John Bozdech	Quincy Medical Group	Every Friday
Hematology – Oncology	Dr. Raymond Smith Dr. Katherine Arrambide Dr. Christian El-Khoury	Quincy Medical Group	Every Thursday
Neurology	Dr. M. L. Mehra	Physician Group Associates	Every other Monday
Orthopedics and Sports Medicine	Dr. William Payne Dr. Brett Wolters	Springfield Clinic	2 nd Friday 2 nd and 4 th Wednesday
	Dr. Douglas Albracht	Jacksonville Orthopedics	1 st and 3 rd Mondays
Podiatry	Dr. Jeffrey Fleischli	Foot and Ankle Associates	1 st and 3 rd Monday Taylor Clinic: 2 nd and 4 th Tuesday
Pulmonology	Dr. Pradeep Kulkarni Dr. Philip Abraham	Central Illinois Allergy	1 st and 3 rd Wednesday
Surgery – General & Vascular	Dr. Ronald Whitley	Western IL Surgical	2 nd and 4 th Monday
Tele-Psychiatry	Dr. Jeffrey Bennett	SIU School of Medicine	4 th Tuesday
Urology	Dr. Charles Wilson	Dr. Charles Wilson	2 nd and 4 th Thursday
Wound Care Clinic	Dr. Michael Molyneaux, Nancy Chatham, ANP	Passavant Wound Center	Every Tuesday

If you would like more information about scheduling an appointment with one of these medical specialists, please contact the Culbertson Memorial Hospital Registration Department at (217) 322-4321, ext. 271.

What Is Swing Bed? *... continued from page 1*

Activity Program

A special activity program can be designed for patients according to their needs and interest. Activities may be ordered by the patient's physician or are available at the patient's request. Our Activity Director has many items, such as magazines, books, newspapers, stationary, puzzles and craft

items. Personal care items such as nail care and nail polish are also available.

Meals

Meals are served in the same manner as acute care inpatients. The Culbertson Memorial Hospital Dietary Department will work with the patient and his or her doctor to provide the foods they need and enjoy.

Remember!

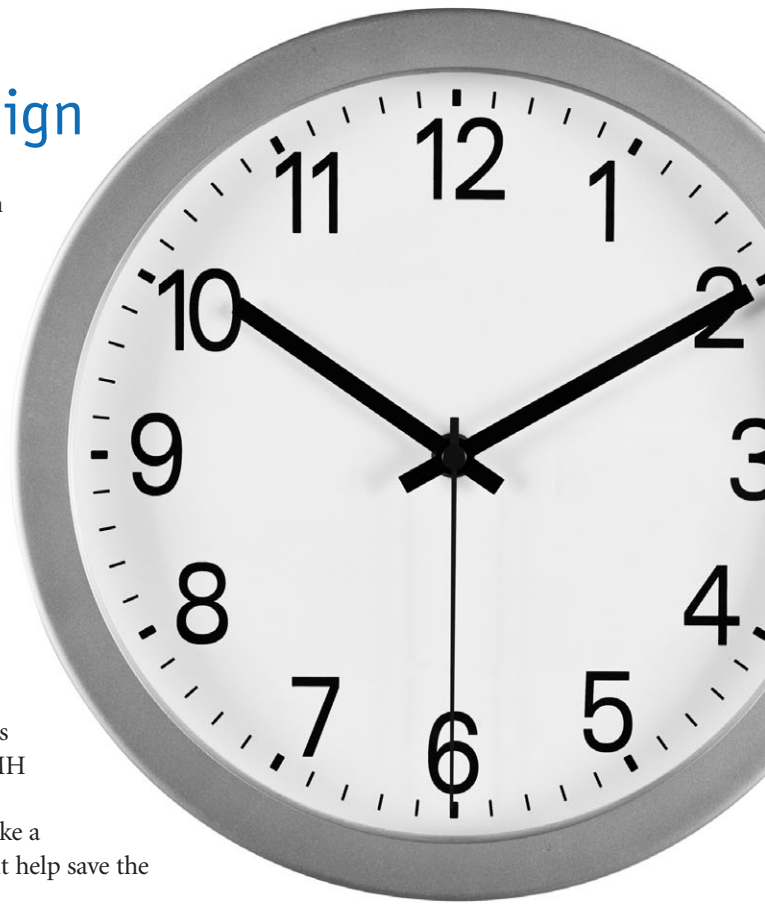
When you have surgery at another facility and need rehabilitation or skilled care, have the hospital's Discharge Planner contact Culbertson Memorial Hospital about our Swing Bed Program. You can reach Culbertson Memorial Hospital Discharge Planner Pam Tavernier, BSN, RN, at (217) 322-4321, ext. 295.

There Is Still Time to Give to the 2011/2012 Annual Campaign

CMH Foundation is currently raising money to purchase a new coagulation analyzer for the Laboratory Services Department at Culbertson Memorial Hospital. This equipment will provide up-to-date technology for use in running Protimes (PT) for patients who take Coumadin (Warfarin) and Partial Prothrombin Time (PTT) to check the effectiveness of Heparin.

This equipment will benefit patients of all ages who are or could be affected by stroke, atrial fibrillation, blood clots or patients recovering from knee and hip replacements. Additionally, PT and PTTs are frequently ordered through the Emergency Department for patients that present with chest pains or signs of stroke. The PTT helps determine whether the patient is currently on a blood thinner prior to receiving anti-coagulants. Currently, the Laboratory Services Department runs more than 5,100 tests a year on their current analyzer.

The health care needs of our rural community are one of the top priorities for the leaders at Culbertson Memorial Hospital. To make a gift to the CMH Foundation, please call (217) 322-5269, or you may send a check to CMH Foundation, 238 South Congress, Rushville, IL 62681. One person can make a difference and influence the health care in this community. Your gift might help save the life of a loved one, a neighbor or even your own life.



Picture from left to right are Judy Greer; Tim Ward, CMH Foundation Director; Wayne Thomas; Cathy Wilson, Director of CMH Therapy Services; and Judy Park.

CMH THERAPY SERVICES RECEIVES A NEW TREADMILL

Through the generous support of the Willy Park and Marilyn Thomas memorial funds, Culbertson Memorial Hospital Director of Therapy Services, Cathy Wilson, is excited to announce the addition of a new treadmill for the Dr. Robert Cox Therapy Clinic. The new Spirit CT800 commercial treadmill is designed to be as simple as pushing the start button and begin walking, or as comprehensive as incorporating inclines, speed variations and the ability to monitor cardiac levels.

The CMH Therapy team was honored to be selected as the recipients of both memorial funds, and are excited to begin use of the new equipment for gait training, strength and endurance, and for many other therapy uses to help each patient meet his or her individual therapy goals. Wilson appreciates the new equipment and believes it will benefit many therapy patients at CMH Therapy Service for years to come.



Culbertson Memorial Hospital Foundation wishes to thank the following donors for their support of our memorial, equipment and planned giving funds. Donations received after Dec. 11, 2011, will appear in our next edition.

In Memory of Forrest Cain
Homer and Frances Briney

In Memory of Jane DeWitt
Glen and Maxine Crum

In Memory of Jean Douglas

Larry and Jane Burgard
Clean Up Your Act
Lance and Debra Horwedel
Garry and Marilyn Johnson
Bruce and Mary Kost
Jane Kost
Barbara Powell
Marian Secrist and Cindy Bachman
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Joan Hanning
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Betty Young

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In Memory of Melba Phillips

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Dixie Hopkins
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Nancy Shanks

In Memory of Scott Ruzicka

Dan and Lisa Adams
DeWayne and Janet Bond
Pat Clayton
Jeanette Downs

Robert and Gretta McKelvey
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In Memory of Thomas Scott

John and Deborah Atmentano
William Bartlow
DeWayne and Janet Bond
Arthur Wuebben
Beverly Zondag

In Memory of Les Ward

Mildred Beyschau
Mr. and Mrs. Ernest Hull

Annual Appeal

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DeWayne and Janet Bond

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Welcome New Providers!

Taylor Clinic in Beardstown is pleased to welcome two new providers to the Culbertson Healthcare Family. Erin McPeak, PA-C, recently graduated from Butler University and is practicing as a board certified physicians assistant. Erin sees patients ages 6 and up. Kellie Stocker, FNP-BC, is a board certified nurse practitioner and has been serving the citizens of Cass County for the past 12 years. Kellie sees patients ages newborn and up.



Erin McPeak, PA-C



Kellie Stocker, FNP-BC