

# "PAMPERED PINK"



## GIRLS NIGHT OUT

EAT, SHOP, LEARN AND GET HEALTHY!

**WEDNESDAY  
OCTOBER 23<sup>RD</sup>  
5-8 PM**

**OLD HOMESTEAD BARN**  
21850 Beardstown Road, Rushville

5 pm — Doors open  
5-6:30 pm — Spa services, vendor boutique &  
healthcare exhibits  
6:30-8 pm — Light dinner & speakers

### Make Her Day Special!

We're giving away a makeover. If you know a female cancer patient or survivor who would be encouraged by a makeover, nominate her before October 18. Simply go online and make your nomination when you RSVP!

### FEED YOUR MIND

Alexis Murk, DNP-FNP will be speaking on  
Women's Health Guidelines

Lynn Henderson,  
Registered Dietician will be speaking on  
Women's Unique Nutritional Needs.

### RESTORE YOUR SOUL

- Instant manicures
- Relaxing massages
- Shopping, door prizes, chocolate & FUN
- Wine tasting



Silent auction proceeds benefit Hope Blooms, a local charity  
benefiting cancer patients of all ages and afflictions.

**RSVP AND MAKE YOUR NOMINATION BY 10/18**  
**VISIT [CMHOSPITAL.COM/PAMPERED PINK](http://CMHOSPITAL.COM/PAMPERED PINK) OR CALL 217-322-5269!**